

Loves discovery worksheet

Directions: This worksheet is designed to help you discover your loves. Begin by answering the questions. Finally, list loves that appear multiple times in the Multiple mentions section.

Questions	Answers
What part of your current job do you love the most?	
If money were no object, what would you do for a career?	
Which work activities do you get lost in?	
What are your hobbies?	
What are some elements of those hobbies that are applicable to the workplace?	
Ponder quietly for five minutes, focusing on only one question: What kind of work do you love the most? Then write your answer.	

Multiple mentions:

1.

2.

3.

4.

5.